

NEURO LINK

JUNE 2017



A MESSAGE FROM KATIE!

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The last few months have seen a bit of change at NRG. We have had the pleasure of welcoming Liz, Tessa and Miranda whilst saying farewell to Tara, Dina and Scott. Georgia is having a prolonged break as she adds to her growing family but we will look forward to her returning to the fold next year. We have had some excellent in-services to start off 2017 with Dina & Jenny feeding back on their Bobath courses that they completed in January, Brittany giving us insight to healthy exercise & diet for our clients, Susie gave a thorough overview of spasticity and Amy updated us on all things Parkinson's related. Professional development of staff and the practice will continue to be a huge focus this year with staff lined up to do further training across the board. Amy and I will be travelling to Canada and Chicago in July to further our knowledge of concussion management. It's a very exciting part of physiotherapy to be involved in as more research is conducted each year and treatment options are evolving. NRG continues to have strong links to specialist groups in the community including a spasticity group, Parkinson's group and the Neurology group of the APA.

I would like to thank all the clients who were so accommodating of the recent students we had in. It was the first time we had taken 'core neurology' students (rather than elective placements) and it was very successful both for Melbourne Uni and NRG. Students are valuable to have around, teaching is a great experience, I believe teaching creates better therapists. Students are also aligned with our culture of ongoing learning & development. However the student program requires organisation and co-operation from admin, therapists & clients so thank you to everyone for assisting and creating a thriving learning environment. Particular shout out to Jenny Crittall who not only organised the students but was an excellent mentor, they were lucky to learn off such a great therapist!

Katie Davies
Practice Principal & Senior Clinician



ABOUT OUR PRACTICE

To contact us:
☎ 9803 7755
physio@neurorehab.com.au

Our rooms are at:
Mount Waverley
Suite 8, Level 3
205-211 Forster Road
Mon - Fri 9am - 5:30pm

St Kilda
201 Fitzroy St
Mon & Tues 9am - 1pm
Thurs 1pm - 5pm

Templestowe
1 Hawtin St
Mon 1pm - 5:30pm
Wed 9am - 1pm

Our website is:
www.neurorehab.com.au

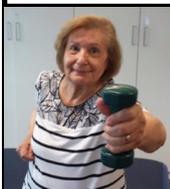
NRG can also be found on
Facebook! Search for us
"Neurological Rehabilitation
Group"

CONCUSSION: WHAT WE KNOW NOW!

Katie & Amy were invited by the Summer Foundation to present at the second breakfast meeting of the year held at Royal Talbot hospital. The topic was "Concussion: What we know now." The audience of more than fifty, ranged from rehabilitation physicians to speech therapists, occupational therapists, neuropsychologists and physiotherapists. The presentation was insightful and the clinical relevance was further increased with a case study presentation. Katie and Susie went to North America 3 years ago to look at centres specialising on concussion management. A return trip is planned for June, where Katie and Amy will attend two specialist physio clinics in Chicago & Calgary.



DONCASTER GROUP!



Our newest addition to group exercise classes is up and running in Doncaster East every Wednesday afternoon. The group is run specifically for clients with Parkinson's Disease and is facilitated by our very own Amy Blencowe. For more information give our friendly reception a call on 9803 7755.

WELCOME & WELCOME BACK!

Sadly 2017 has seen Neurological Rehabilitation Group bid farewell to Tara, Scott & Dina. We thank each of these three physiotherapists for their contributions and care over the past few years & wish them all the best in their future endeavours!

As one door closes another opens and we welcome a number of new faces to the team. Liz is a full-time physiotherapist who will be working from the Mount Waverley & St Kilda rooms. Originally from WA she has recently returned from four years in London where she worked at The Wellington Hospital, a specialist neurological inpatient and outpatient facility. It is with a heavy heart we confess she is an avid Dockers supporter but we know you will welcome her with open arms regardless!



Born and bred in Melbourne Tessa is another physiotherapist who will be coming on board full time and is to be based from our Mount Waverley practice. Though thanks to some well timed holidays you may not meet her just yet! Tessa has a real interest in Neurological Physiotherapy and has focused her career in this direction since graduating from Melbourne University. She has a passion for assisting clients to achieve their goals and improve their quality of life.

And last but not least we welcome Miranda as a part-time allied health assistant. Miranda has just completed a Masters of Clinical Exercise Physiology, gaining experience working with a range of patients with neurological conditions through clinical placements. She will be supporting clients from the Mount Waverley practice as well as assisting with programs run by Neuro Rehab Group at Bayley House disability day centre.



CONGRATULATIONS LAURA!



Huge congrats to our very own superstar Laura! Laura has been studying and juggling a number of roles with Neuro Rehab Group over the past 2 years — physiotherapy assistant, receptionist, all round practice extraordinaire! We are very proud to announce that she has officially been awarded the title of Qualified Dance Therapist to add to this list! Anyone who has met Laura knows her vibrant personality is down right infectious and we look forward to learning more about the principles & benefits of movement therapy from her.

BABY BOOM!

Breaking news! Our beloved Georgia has just giving birth to her third bundle of joy. She welcomed Lachlan into the world last Saturday. Both mum & bub are doing well and Katie has already swooped in for a cuddle!



SPASTICITY CLINIC

NRG is always trying to identify ways of improving patient management. One aspect that had led to some frustration was delays in gaining appointments for patients to have a review by a specialist with the expectation to complete botulinum toxin injection for management of their spasticity. We were very happy to run our inaugural spasticity clinic, held in April with Dr Michael Tan, the attending neurologist. Three patients attended the clinic and rather than having to wait upwards of 3 months to have an appointment with an external service, we were able to have them assessed by their treating physio, reviewed by Katie or Susie to ensure that botulinum toxin injection was indicated and then reviewed by the doctor and injected in side of a month. With short time frames such as this, we are hopeful that better patient outcomes will be achieved. The clinic is currently held on the first Friday of the month.